

Debbie Stanley, MA, MS, LLPC, NCC, CPO-CD

Private-practice mental health counselor and industrial psychologist

Thoughts In Order Counseling and Consulting, PLLC

Mailing Address: 20836 Hall Rd. #132, Clinton Twp. MI 48038

www.ThoughtsInOrder.com • Deb@ThoughtsInOrder.com • 586-746-1428

CREDENTIALS

Limited license professional counselor, State of Michigan • License number 6401011799

National Certified Counselor, National Board for Certified Counselors • NCC # 261089

Certified Professional Organizer in Chronic Disorganization, Institute for Challenging Disorganization

EDUCATION

Master of Science in Mental Health Counseling • Capella University, Minneapolis, MN 2009

Internship: Macomb County Community Mental Health, St. Clair Shores, MI 2009

Master of Arts in Industrial/Organizational Psychology • University of Detroit-Mercy, Detroit, MI 1997

Bachelor of Fine Arts in Journalism • Wayne State University, Detroit, MI 1991

ADDITIONAL TRAINING

Institute for Challenging Disorganization (ICD):

Level III CPO-CD Certification 2009

Level II ADD Specialist Certificate 2005

Level II CD Specialist Certificate 2003

Certificate of Study in Basic Hoarding Issues with the CD Client 2008

Certificate of Study in Understanding the Needs of the Elderly CD Client 2005

Certificate of Study in Learning Styles and Modalities 2005

Certificate of Study in Basic Mental Health Conditions Affecting the CD Client 2005

Certificate of Study in Basic ADD Issues with the CD Client 2004

Certificate of Study in CD Client Administration 2003

Certificate of Study in Chronic Disorganization 2001

Turning Point Domestic Violence and Sexual Assault Shelter, Mt. Clemens, MI:

• Sexual assault victim advocate volunteer training 1998

• Crisis center volunteer training 1998

PROFESSIONAL ASSOCIATIONS, AWARDS, AND LEADERSHIP

American Counseling Association • Member

Detroit Hoarding and Cluttering Task Force • Member

Institute for Challenging Disorganization (formerly National Study Group on Chronic Disorganization) • Member

• Chair, Level II Hoarding Specialist Program Development Task Force, 2009-10

• Curriculum developer and instructor, 2003-present

• Publications Director, 2001-02; *Chronical* Editor, 2002-04

• Founding member of board of directors (as NSGCD), 2001

Michael Golds Memorial AD/HD Conference • Planning Committee Member, 2008-present

Michigan Adult and Adolescent ADD Network for Professionals • Member

National Alliance on Mental Illness • Member

National Association of Professional Organizers • Golden Circle Member

• Founders' Award recipient, 2010

- Shining Star Award recipient, 2009
- Authorship and Publishing Special Interest Group Leader, 2009-present
- Curriculum developer and instructor, 2005-present
- *NAPO News* Book Review Editor, 1999-02; Editor, 2002-08; Publications Committee Chair, 2002-09

National Association of Professional Organizers, Southeast Michigan Chapter • Member

- Outstanding Organizer Mentor Award recipient, 2011
- Chair, Community Hoarding Intervention Coalition, 2008-present
- Immediate Past President, 2007-10
- President, 2003-07
- Program Committee Chair, 2003

SELECTED PUBLICATIONS

Author of books:

“Let Me Show You the Basement”: A Guide to Staying Safe in Clients’ Homes, Red Letter Day (Clinton Twp., MI), 2011
Ethical Pitfalls for Professional Organizers. Red Letter Day (Clinton Twp., MI), 2008
Organize Your Home in No Time. Que (Indianapolis), 2006
Organize Your Personal Finances in No Time. Que (Indianapolis), 2005
Newbie Pitfalls: 50 Obstacles on the Road to Success as a Professional Organizer. Red Letter Day (Clinton Twp., MI), 2004
Coping with Vision Disorders. Rosen (New York), 2001
Everything You Need to Know about Vision Disorders. Rosen (New York), 2001
Everything You Need to Know about Student-on-Student Sexual Harassment. Rosen (New York), 2000
Genetic Engineering: The Cloning Debate. Rosen (New York), 2000
Marijuana and Your Lungs: The Incredibly Disgusting Story. Rosen (New York), 2000
New Medications: The Debate over Approval and Access. Rosen (New York), 2000
Understanding Sports and Eating Disorders. Rosen (New York), 2000
Understanding Anorexia Nervosa. Rosen (New York), 1999
Understanding Bulimia Nervosa. Rosen (New York), 1999

Editor of periodicals:

NAPO News (newsletter of the National Association of Professional Organizers), 2002-08
The Chronical (newsletter of the National Study Group on Chronic Disorganization, now ICD), 2002-04
Balance: The Magazine about Getting and Staying Organized (and columnist), 2002-03

SELECTED CLASSES AND PRESENTATIONS

* Indicates initial offering of a frequently repeated presentation.

9 *Key Points about Harm Reduction*. Lecture for Macomb County Interfaith Volunteer Council and Catholic Social Services’ Senior Partners. 1 hour. March 2011.*

7 *Key Points about Hoarding*. Lecture for Chronic Illness Coalition, Southfield, MI. 1 hour. March 2011*

Case Studies: Low- and High-Insight Hoarding and Correlated Compassion Fatigue. Teleclass for Institute for Challenging Disorganization (ICD). 1 hour. Jan. 2011.

Risk Reduction and Recovery from Compassion Fatigue and Vicarious Traumatization. Plenary session at annual ICD conference, Austin, TX. 1.5 hours. Sep. 2010*

Chronic Disorganization and Hoarding: Psychology Meets Professional Organizing. Grand Rounds at Children’s Hospital of Michigan, Detroit. 1 hour. April 2010*

- Behind Closed Doors: The Dangers of Hoarding for the Individual and the Community.* Breakout session at Oakland Livingston Human Service Agency (OLHSA) Annual Training, Troy, MI. 1 hour. Oct. 2009
- Doing What Doesn't Come Naturally: AD/HD and Organization.* Breakout session at Michael Golds Memorial AD/HD Conference, Rochester Hills, MI. 1.25 hours. Oct. 2009
- Copycats: A Primer on Protecting and Respecting Intellectual Property.* Webinar for National Association of Professional Organizers (NAPO)-New York Chapter. 1.5 hours. Jan. 2009
- At Your Wits' End?* Panel-format teleclass for ICD. 1 hour. Aug. 2008
- So That's It! Understanding and Working with Clients' Mental Health Conditions.* Breakout session at NAPO annual conference, Reno, NV. 1.5 hours. April 2008*
- PO-402: Safety in the Organizing Environment.* General curriculum class developed for NAPO, first presented as teleclass. 1.5 hours. Nov. 2007*
- Demystifying Boundaries: New Ways to Check Your Ethics.* Breakout session at NAPO annual conference, Minneapolis, MN. 2 hours. April 2007*
- "Help Me Get My Act Together!"* Breakout session at annual conference of Community Assessment Referral and Education of Macomb County, Clinton Twp., MI. 1 hour. March 2007
- Helping Kids Get Organized without Getting Mad.* Breakout session at annual conference of Community Assessment Referral and Education of Macomb County, Clinton Twp., MI. 1 hour. March 2007
- Are You Sure You're Ready to Get Organized? How to Know When Change Is Possible.* Breakout session at Michael Golds Memorial AD/HD Conference, Rochester Hills, MI. 1.5 hours. Oct. 2006
- Eight Secrets of Organized People.* Workshop at annual staff retreat of private client company. 3 hours. June 2006*
- Eight Organizational Strategies to Make Life Manageable.* Presentation at monthly meeting of Children and Adults with ADD, Oakland County Chapter, Birmingham, MI. 1 hour. May 2006*
- Thyroid Dysfunction in CD Clients.* Teleclass for ICD. 1 hour. Dec. 2005*
- PO-102: Fundamental Organizing Principles.* Core curriculum class developed for NAPO, first presented at NAPO annual conference, San Diego, CA. 8 hours. April 2005*
- Helping Clients Organize Their Finances.* Breakout session at annual conference of NAPO-DC Chapter, Washington, DC. 1 hour. March 2005*
- Walking Your Talk: Professionalism.* General session panel discussion, NAPO annual conference, Chicago, IL. 1 hour; with M. L. Andre, S. Denton, & D. Gilster. April 2004
- Time Management in Crisis Mode.* In-service for staff of LACASA Women's Shelter, Howell, MI. 1 hour. Oct. 2003*
- AD/HD and Chronic Disorganization.* Breakout session at Michael Golds Memorial AD/HD Conference, Rochester Hills, MI. 1.5 hours. Oct. 2003*
- Got Stress? Get Organized!* Plenary session at annual conference of Association of Image Consultants International, White Plains, NY. 1 hour. May 2003*
- Fatigue-Causing Diseases.* Teleclass for ICD. 1 hour. Nov. 2002
- Safe Thinking: Self-Protection Strategies for Professional Organizers.* Breakout session at NAPO annual conference, Atlanta, GA. 1.5 hours. April 2002*
- Documenting and Tracking Client Progress.* Teleclass for ICD. 1 hour. Aug. 2001*
- Got Stress? Get Organized! Practical Tips for People with ADD.* Lecture for CHADD-Oakland County, MI. 1 hour. Nov. 2000*